

What Is Communion?

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Communion is a special thing Christians do to remember what Jesus did for them on the cross.

Key Points:

- Communion is when Christians eat _____ and drink _____ at church.
- Jesus invented _____ all the way back in the New Testament.
- In communion, the bread stands for Jesus' _____ and the drink stands for his _____.
- Communion helps us remember that Jesus is the _____ of it all.

Memory Verse:

| Luke 22:19b This is my body, which is given for you. Do this in remembrance of me.

Talk About It

1. *What's your favorite part of the video? What's one thing you learned from it?*
2. *Share some of your favorite family traditions. Do your friends think some of them are weird?*
3. *What do people do when they take communion? What does each item represent?*
4. *Why does Jesus want us to take communion?*
5. *Read John 3:16-17. Why did Jesus come? What does it mean that we can have eternal life?*
6. *How will you apply this lesson to your life this week?*