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Lesson Overview

In today's lesson, we're going to learn a story from Jesus' life. Before Jesus started his ministry of telling the world who he was and performing lots of miracles, he went out into the wilderness to be alone and pray for 40 days. He also chose not to eat for 40 days so imagine how hungry he must have been! While he was in the wilderness, Satan appeared and started tempting him in different ways. Satan was taunting him saying things like, "Hey Jesus, if you're really God, then turn this rock into bread so you can eat it." or "Hey Jesus, if you're so powerful, why don't you jump off this ledge. If you're God, you'll be able to fly because angels will protect you." Well, Jesus knew what Satan was trying to do. He was trying to distract Jesus from preparing for his ministry of saving the world from sin. But, Jesus wasn't fooled. In fact, every time Satan tempted Jesus, Jesus would quote a verse from the Bible to tell Satan to go away. We can fight temptation in our lives, too, by remembering what the Bible says and obeying it.

Big Idea

Jesus used the Bible to fight temptation and so can we.

Key Question

How does the Bible help us?

Memory Verse

Deuteronomy 8:3 "...People do not live by bread alone; rather, we live by every word that comes from the mouth of the Lord."

Classroom Agenda

1. (5 min) **Let kids start working on Activity Page #1.**
2. (5 min) **WARM UP: If your Mom had a jar full of some yummy goodies on the counter, what would you want it to be full of?** (Tip: Maybe it's chocolate chip cookies or nerds candy. You might be tempted to eat the whole thing but that's not good for you. Jesus knew how to fight temptation and he'll help us to fight it, too.)
3. (5 min) **PREVIEW: Write out the Big Idea, Memory Verse, and Key Question on a whiteboard.** Have the kids copy it down on Activity Page #1 (if applicable).
4. (20 min) **LARGE GROUP: Gather for songs and videos with other kids.** Then return to class to finish this guide.
5. (2 min) **RECAP: Read the Lesson Overview (see above).**
6. (3 min) **KQ: Answer the Key Question.** (Answer: **The Bible tells us what is right and wrong.** (God gave us the Bible so we can know how to live. It's like our sword we can use to fight off attacks. So, if we're tempted to lie to our teacher to stay out of trouble or we want to steal candy from the store, we need to stop and remember what the Bible says. Lying and stealing are wrong. So, we should fight off those temptations by obeying the Bible.)
 - **Bonus Questions:** What book helps us to know right and wrong? How does the Bible help us to fight off temptation? **4-5th** Share a time you were tempted to do something you knew you shouldn't. How did you respond? How could the Bible have helped you with that situation?
7. (5 min) **EXPLORE: Read 1 Corinthians 10:13. Who is tempted? How does God help us to fight temptation?** (Answer: Every person is tempted. Even Jesus was tempted. But, just because we're tempted to do something, doesn't mean we have to do it. We can stop, think about what the Bible says, and choose to do the right thing. God helps us to fight temptation by giving us the Bible as our weapon and he will show us a way out.)
8. (10 min) **PLAY: Choose a group activity from Activity Page #2.**
9. (5 min) **CLOSE: Share prayer requests and pray as a class.** Encourage kids to use the Family Guide at home with their parents - and remind them to go online to pursueGODkids.org to find this week's lesson video.

Teacher instructions: Choose an activity for your classroom.

OPTION 1: BIBLE HANGMAN

Instructions:

- Draw a Hangman puzzle on the board and use the words and phrases below to play rounds of hangman. See if the kids can guess the answer before you draw a full man.

Words/Phrases:

Jesus was tempted in the wilderness

The Bible is like our sword

Fasting and praying

Jesus

Supplies needed: None

OPTION 2: MIX AND MATCH GAME

Instructions:

- Before playing, write the scenarios from below up on the whiteboard nice and big.
- Then, put the kids into pairs and give each pair a Bible.
- Assign each pair a verse from below to find and read to the class.
- Have pairs take turns reading their verse and then as a class decide which verse applies to the scenario up on the board.
- Remind the kids that the Bible will help them to fight temptation in their lives

Scenarios:

1. Your friend wants some gum from the store but neither of you have any money .
2. You want to watch a movie your parents told you not to watch.
3. Your friends are leaving you out at recess.
4. Your parents only have one ticket to the game and you and your sibling both want to go.
5. Your sibling said something hurtful to you that hurt your feelings.

Verses: Philippians 2:3 (#4), Ephesians 6:1-3, (#2) Matthew 7:12, (#3) Exodus 20:15 (#1), Ephesians 4:29 (#5)

Supplies needed: Bibles

02

LIFE OF JESUS

The Temptation of Jesus

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Even Jesus was tempted to make the wrong decisions. But he had a secret weapon to fight the battle.

Key Points:

- Before Jesus started his ministry, he went into the _____ to get ready. Matthew 4:1
- The _____ tried to tempt Jesus and keep him from making the _____. Matthew 4:3
- Jesus fought the temptations with his secret weapon: _____. Matthew 4:4
- We can use the Bible to fight _____.

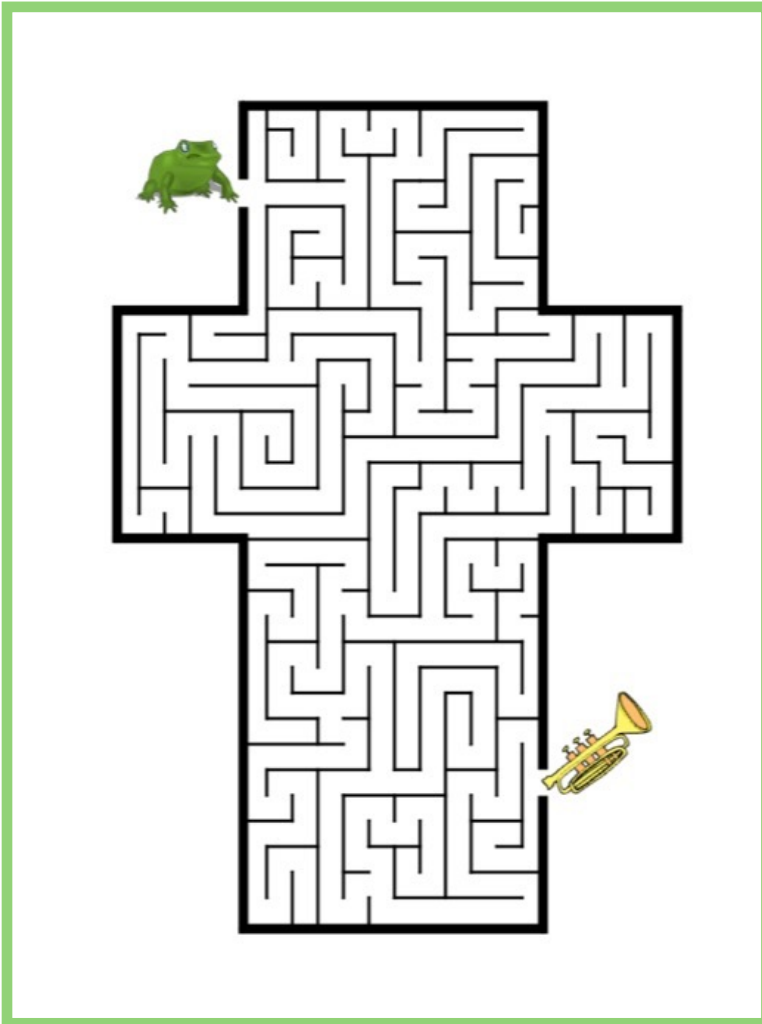
Memory Verse:

Deuteronomy 8:3 People do not live by bread alone; rather, we live by every word that comes from the mouth of the Lord.

Talk About It

1. *What's your favorite part of the video? What's one thing you learned from it?*
2. *If your Mom had a jar full of some yummy goodies on the counter, what would you want it to be full of?*
3. *Where did Jesus go to pray? What does it mean to fast?*
4. *How did Jesus respond to Satan's temptations?*
5. *Read 1 Corinthians 10:13. Who is tempted? How does God help us to fight temptation?*
6. *How will you apply this lesson to your life this week?*

Instructions: Solve the puzzles.



Big Idea

Key Question

Memory Verse

Deuteronomy 8:___ "...People do not _____ by bread alone; rather, we live by every _____ that comes from the mouth of the _____."

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- WILDERNESS
- TEMPTED
- DEVIL
- FASTED
- FORTY
- HUNGRY
- STONES
- LOAVES
- ANGELS
- FOOT
- SATAN
- WORSHIP

