

Q4

BIBLE BASICS

## How Do I Pray?

K -  
1st[PursueGODkids.org](http://PursueGODkids.org)

## Lesson Overview

In today's lesson, we're learning about prayer. Did you know that praying is how we talk to God? It's true and that's why it's important to learn how to do it well! Think about that for a second. Some people might think the coolest person they could ever talk to is the President or a famous athlete. Even though that would be cool, having the ability to talk to the God of the universe is the coolest thing ever! So, let's learn how to pray the right way. Let's think of it with the letters P-A-L. Do you know what that spells? Pal! Think of prayer like talking to your pal, God. P stands for praise. When you pray, start with thanking God for all that he's done in your life. The A means ask. Spend time asking God for help. He wants to hear your prayer requests. The L is for listen. We should take time to listen to God. God always has an answer for us. It may not always be what we asked for, but he knows what's best. Our job is to listen and obey. Another great way to hear from God is reading the Bible and doing what it says. Remember, the Bible is full of God's truth that tells us how to live. So, remember how cool it is to pray to God and pray like a PAL!

**Big Idea**

*God loves when we pray like a PAL*

---

**Key Question**

*Why does God care about our prayers?*

---

**Memory Verse**

*1 Thessalonians 5:17 "Never stop praying."*

### Classroom Agenda

1. (5 min) **Let kids start working on Activity Page #1.**
  2. (5 min) **WARM UP: How often do you talk to your friends and how do you communicate with them? (eg. phone, in person, through a video game)** (Tip: It's fun to connect with our friends! Do you know that we can also connect to God?)
  3. (5 min) **PREVIEW: Write out the Big Idea, Memory Verse, and Key Question on a whiteboard.** Have the kids copy it down on Activity Page #1 (if applicable).
  4. (20 min) **LARGE GROUP: Gather for songs and videos with other kids.** Then return to class to finish this guide.
  5. (2 min) **RECAP: Read the Lesson Overview (see above).**
  6. (3 min) **KQ: Answer the Key Question.** (Answer: **Because he loves us and wants to be friends!** (Isn't that so cool? God wants to be friends with us! He created us and he loves. So of course he wants to help us and guide us. The greatest way God has shown us his love is by sending Jesus to die for us. )
    - **Bonus Questions:** Why does God care about our prayers? How has God proven his love for us? **4-5th** How do you treat your best friends? How can you treat God more like a best friend?
  7. (5 min) **EXPLORE: Read Psalm 32:8. Who will guide us through life? Why can we trust that God knows what's best for us?**(Answer: God is our guide. He will tell us which way to go and he will watch over and protect us. We can trust God to lead us well because he is God and he knows everything! And, he loves us so much. He would never lead us the wrong way.)
  8. (10 min) **PLAY: Choose a group activity from Activity Page #2.**
- (5 min) **CLOSE: Share prayer requests and pray as a class.** Encourage kids to use the Family Guide at home with their parents - and remind them to go online to [pursueGODkids.org](http://pursueGODkids.org) to find this week's lesson video.

**Teacher instructions:** Choose an activity for your classroom.

## OPTION 1: PRAYER BOOKLET

### Instructions:

- Give each kid a Booklet template (page 5).
- Have the kids cut out each square. Have them color and decorate the box titled "My Prayer Booklet". This will be the book cover.
- Then have them stack the other boxes in this order "Praise", "Ask" and "Listen". Have them staple all the boxes together to make a book.
- Encourage the kids to fill in their boxes with their own personal information.
- As they work, remind the kids that prayer is how we talk to God. He loves us and wants to be our friend. We should pray like a PAL.

**Supplies needed:** Booklet template (pg. 5, 1 set per kid), Scissors, Crayons, Stickers, Staplers, Pencils

## OPTION 2: HOW TO PRAY HOT POTATO

### Instructions:

- Have the kids stand in a circle. Give one kid a ball. Have them carefully toss the ball to other kids until you say "Stop!" Whoever has the ball at that moment has to answer a question. If correct, they get to stay in the game. If wrong, they have to sit down. Continue playing until all the questions have been asked or if only one kid is left standing.

### Questions:

1. Who are we talking to when we pray? (God)
2. Why does God want to hear our prayers? (He loves us!)
3. Who died on the cross for our sins? (Jesus)
4. From what book is our memory verse found? (1 Thessalonians)
5. What word do we spell to know how to pray? (PAL)
6. What book is full of God's truth? (Bible)
7. What does the P stand for in Pal? (Praise)
8. T or F: God answers our prayers. (T)
9. What does the A stand for in PAL? (Ask)
10. What is the Big Idea today? (See board)

**Supplies needed:** Ball

Q4

BIBLE BASICS

## How Do I Pray?

[PursueGODkids.org](http://PursueGODkids.org)

Kids can make a great habit of prayer if they remember three simple letters: P-A-L.

**Key Points:**

- \_\_\_\_\_: tell God what you're thankful for in your life.
- \_\_\_\_\_: Bring your prayer requests with a humble heart.
- \_\_\_\_\_: Be quiet and let God speak to you through the Bible.
- God loves it when you pray like a \_\_\_\_\_!

**Memory Verse:**

| 1 Thessalonians 5:17 Never stop praying.

**Talk About It**

1. *What's your favorite part of the video? What's one thing you learned from it?*
2. *How often do you talk to your friends and how do you communicate? (eg. phone, in person, through a video game)*
3. *Why should we spend time thanking God? What are some things you're thankful for in your life?*
4. *What are some of your current prayer requests? How has God answered your prayers in the past?*
5. *Read Psalm 32:8. Who will guide us through life? Why can we trust that God knows what's best for us?*
6. *How will you apply this lesson to your life this week?*

**Instructions:** Color the picture.

GOD LOVES  
WHEN WE PRAY  
LIKE A PAL

**Key Question**

*Why does God care about our prayers?*

**Memory Verse**

*1 Thessalonians 5:17 "Never stop praying."*





PRAY LIKE A PAL  
PRAYER BOOK

I PRAISE GOD FOR:

I'M ASKING FOR:

HOW I WILL LISTEN: