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Lesson Overview

In today's lesson, we're learning about a story when Jesus did something really cool to show his power. One day, Jesus was tired because he had been teaching crowds of people about who he was and what he came to do. At some point, Jesus said to his disciples, "Hey let's cross to the other side of the lake." He probably needed a break and just wanted some time to relax with his friends. So, the disciples and Jesus jumped on a boat and sailed away. They were having a nice day enjoying the beauty of the water and eventually Jesus took a nap. Well, all of a sudden, a huge storm developed and the wind started blowing really hard and the waves were crashing against the boat and the boat started to fill with water. The disciples were freaking out! They thought they were about to drown. You would think Jesus was scared, too. Nope! Jesus was sleeping through the storm! He wasn't concerned at all. In fact, once the disciples woke him, Jesus just spoke to the storm and told it to stop and it did! Wow! Jesus is that powerful that even the storm listens to him. That's amazing. Kids, this story teaches us a lesson. Jesus has the power to calm any storm. We don't need to be afraid. Jesus will be there to help!

Big Idea

Jesus has the power to calm any storm.

Key Question

How do we ask Jesus for help?

Memory Verse

Mark 4:40 Then he asked them, "Why are you afraid? Do you still have no faith?"

Classroom Agenda

1. (5 min) **Let kids start working on Activity Page #1.**
2. (5 min) **WARM UP: Have you ever been caught in a storm before? Explain. Why are storms scary?** (Tip: Storms can be scary and loud. But, with Jesus, we don't have to be afraid!)
3. (5 min) **PREVIEW: Write out the Big Idea, Memory Verse, and Key Question on a whiteboard.** Have the kids copy it down on Activity Page #1 (if applicable).
4. (20 min) **LARGE GROUP: Gather for songs and videos with other kids.** Then return to class to finish this guide.
5. (2 min) **RECAP: Read the Lesson Overview (see above).**
6. (3 min) **KQ: Answer the Key Question.** (Answer: **Pray and ask for help.** (The God who spoke the world into existence, and can tell a storm to stop, loves you and is always ready to help you. Jesus is more powerful than anything or anyone. So, when you're scared about something, simply pray and ask Jesus to help you and he will! He'll show you what to do and he'll give what you need to get through anything.)
 - **Bonus Questions:** How do we ask for help? Why can we be sure that Jesus wants to help us? **4-5th** Share a story of how Jesus has helped you in the past.
7. (5 min) **EXPLORE: Read Psalm 121. List everything this chapter says about God. Why can we trust that God will protect us in times of trouble?** (Answer: God is the creator of all things, he never sleeps and he is our protector. God loves us so much and always wants to keep us safe and out of danger.)
8. (10 min) **PLAY: Choose a group activity from Activity Page #2.**

(5 min) **CLOSE: Share prayer requests and pray as a class.** Encourage kids to use the Family Guide at home with their parents - and remind them to go online to pursueGODkids.org to find this week's lesson video.

Teacher instructions: Choose an activity for your classroom.

OPTION 1: KING OF THE HILL LESSON REVIEW GAME

Instructions:

- Before class, tape a square on the floor. Then, choose one kid to start as the King and have them stand in the square. Have the rest of the class line up single file facing the King. Have the first kid in line face off against the King.
- Read a question from below. The first to raise their hand gets a chance to answer. If the King is correct, they get to stay King. If the kid in line is correct, they get to be King and the other kid goes to the end of the line. Continue playing until all the questions have been asked.

Questions:

1. In the story, who was in the boat? (Disciples/ Jesus)
2. What happened while they were on the boat? (Storm)
3. What book is full of God's truth? (Bible)
4. How did the disciples react to the storm? (Scared)
5. What did Jesus do to the storm? (Calmed it)
6. What is the Big Idea today? (See board)
7. T or F: Jesus can't help us. (F)
8. From what book is our memory verse found? (See board)
9. T or F: Jesus has the power to do anything. (T)
10. Why did Jesus die for us? (Sin)

Supplies needed: Tape

OPTION 2: JESUS CALMS THE STORM CRAFT

Instructions:

- Give each kid a large craft stick and a Storm template (page 5) and a half sheet of blue construction paper.
- Have kids color the picture and then cut out the picture and have them glue the picture to the construction paper.
- Then, have them glue the craft stick to the back side of the blue paper. Tell the kids they can move the boat around on the stick to make it look like waves are crashing against the boat.
- As they work, read the story of how Jesus calmed the storm from Mark 4:35-41. Remind the kids that Jesus has the power to calm any storm. When they are scared, they can ask Jesus for help and he will!

Supplies needed: Large craft sticks (1 per kid), Storm template (pg. 5, 1 per kid), 1/2 sheets of blue construction paper (1 half per kid), Scissors, Crayons, Glue

Q3

LIFE OF JESUS

Jesus Calms a Storm

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When Jesus took a boat ride with his disciples, everyone learned a lesson that they would never forget.

Key Points:

- Jesus and his disciples were caught in a _____ on a lake. Mark 4:37
- The disciples were so afraid that they _____ Jesus. Mark 4:38
- Jesus spoke to the wind and waves and the storm _____! Mark 4:39
- Jesus has the power to calm _____ at any time.

Memory Verse:

Mark 4:40 Then he asked them, “Why are you afraid? Do you still have no faith?”

Talk About It

1. *What’s your favorite part of the video? What’s one thing you learned from it?*
2. *Have you ever been caught in a storm before? Explain. Why are storms scary?*
3. *Who was on the boat when the storm hit? What was Jesus doing during the storm?*
4. *Why do you think the disciples were so afraid? How did Jesus prove his power to the disciples?*
5. *Read Psalm 121. List everything this chapter says about God. Why can we trust that God will protect us in times of trouble?*
6. *How will you apply this lesson to your life this week?*

Instructions: Color the picture.

JESUS HAS THE POWER TO CALM ANY STORM

Key Question

How do we ask Jesus for help?

Memory Verse

Mark 4:40 Then he asked them, "Why are you afraid? Do you still have no faith?"



JESUS CALMED THE STORM

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