

[PursueGODkids.org](http://PursueGODkids.org)

## Lesson Overview

In today's lesson, we're learning about a cool story of how God provided for his people, the Israelites. Remember, God used Moses to rescue his people from slavery in Egypt and he led them toward the Promised Land. But, the journey was long and the people got grumpy. In fact, it didn't take long before the people started complaining to Moses that they were tired and hungry. They even said they would rather be back in Egypt as slaves! God doesn't like complaining but he decided to do something to remind the people that he was with them. Food literally fell from the sky to feed them! Can you imagine that? By night, they had meat from birds. Each morning, they woke up to a white substance on the ground called Manna. Do you know what manna means? It means, "What is it?" That's what the people said when they saw it on the ground. It was like bread. God had one rule, though. They were only supposed to gather what they needed to eat for the day and nothing more. God wanted to test the people to see if they would trust him to provide each day. That's the lesson for us, too. God will give us what we need. We shouldn't be selfish and demand stuff from God.

### Big Idea

*God gives us exactly what we need*

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### Key Question

*What's wrong with being selfish?*

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### Memory Verse

*1 Thessalonians 5:18 "Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus."*

### Classroom Agenda

1. (5 min) **Let kids start working on Activity Page #1.**
  2. (5 min) **WARM UP: Make a wish list of your top 3 things you want to get this year. How will you feel if you don't get them?** (Tip: We think we know what we need but God actually knows what's best for us. We can trust that he'll give us what we really need.)
  3. (5 min) **PREVIEW: Write out the Big Idea, Memory Verse, and Key Question on a whiteboard.** Have the kids copy it down on Activity Page #1 (if applicable).
  4. (20 min) **LARGE GROUP: Gather for songs and videos with other kids.** Then return to class to finish this guide.
  5. (2 min) **RECAP: Read the Lesson Overview (see above).**
  6. (3 min) **KQ: Answer the Key Question.** (Answer: **Being selfish means we're focused on ourselves, not God.** (The Israelites were being selfish. Instead of focusing on all that God had done to rescue them, they focused on what they didn't have. They complained and demanded more. We shouldn't be selfish either. We should trust that God will give us what we need. Our job is to be thankful for what we have.)
    - **Bonus Questions:** What does it mean to be selfish? How were the Israelites selfish? **4-5th** How will you fight being selfish in your own life?
  7. (5 min) **EXPLORE: Read 1 Corinthians 13:4-5. What does love look like? Why is being selfish unloving?** (Answer: Love is patient, kind and giving. So that means we can't be selfish. Selfishness means we care more about ourselves than others. Love is about putting others ahead of ourselves. That's how Jesus loves us!)
  8. (10 min) **PLAY: Choose a group activity from Activity Page #2.**
- (5 min) **CLOSE: Share prayer requests and pray as a class.** Encourage kids to use the Family Guide at home with their parents - and remind them to go online to [pursueGODkids.org](http://pursueGODkids.org) to find this week's lesson video.

**Teacher instructions:** Choose an activity for your classroom.

## OPTION 1: MANNA FROM HEAVEN BOOKMARK

### Instructions:

- Give each kid a Bookmark template (page 5). Have kids cut out each item.
- Have them glue each piece onto the bookmark and then have them color and decorate.
- As they work, read the story of manna from heaven from Exodus 16:9-19. Remind the kids that God will always give us what we need. We shouldn't be selfish and demand more.

**Supplies needed:** Bookmark template (pg.5, 1 set per kid), Scissors, Glue, Crayons

## OPTION 2: LESSON REVIEW FACE OFF

### Instructions:

- Have two kids come up to the front of the room for a face off. Give each person a bell or ringer.
- Ask a question from below. First to ring in gets a chance to answer. If correct, they get a point. If incorrect, the other kid gets a chance to answer for a bonus point.
- Then have two new kids come up. Continue playing until all the questions have been asked. Keep track of each kid's points. Kid with the most points at the end, wins.

### Questions:

1. Who were God's chosen people? (Israelites)
2. Who did God put in charge to lead the people out of Egypt? (Moses)
3. Why were the people complaining? (Hungry and tired)
4. T or F: It's okay to demand things from God. (F)
5. What book is full of God's truth? (Bible)
6. What was the bread from heaven called? (Manna)
7. From what book is our memory verse found? (1 Thessalonians)
8. What does manna mean? (What is it?)
9. T or F: God will give us what we need. (T)
10. Who died on the cross for our sins? (Jesus)

**Supplies needed:** Bells/Ringers

Q4

BIBLE STORYLINE

## Manna From Heaven

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When the Israelites started complaining about their food situation, God taught them a lesson that they would never forget.

**Key Points:**

- One month after leaving Egypt, the people of God were already \_\_\_\_\_.
- God gave the people \_\_\_\_\_ food every day.
- The people called the mysterious food \_\_\_\_\_.
- Sometimes God gives us \_\_\_\_\_ what we need and not one bit more.


**Memory Verse:**

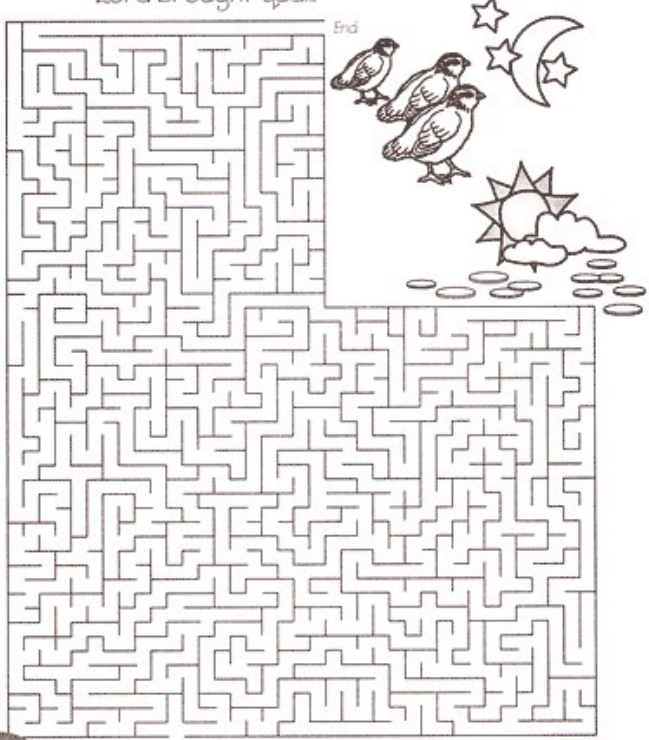
1 Thessalonians 5:18 Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus.

**Talk About It**

1. *What's your favorite part of the video? What's one thing you learned from it?*
2. *Make a wish list of your top 3 things you want to get this year. How will you feel if you don't get them?*
3. *Why were the Israelites complaining?*
4. *What fell from the sky?*
5. *Read 1 Corinthians 13:4-5. What does love look like? Why is being selfish unloving?*
6. *How will you apply this lesson to your life this week?*

**Instructions:** Solve the puzzle and color the picture.

 **"Manna from Heaven"**  
 Every day God's people would go out and gather manna in the morning. In the evening, the Lord brought quail.



Start End

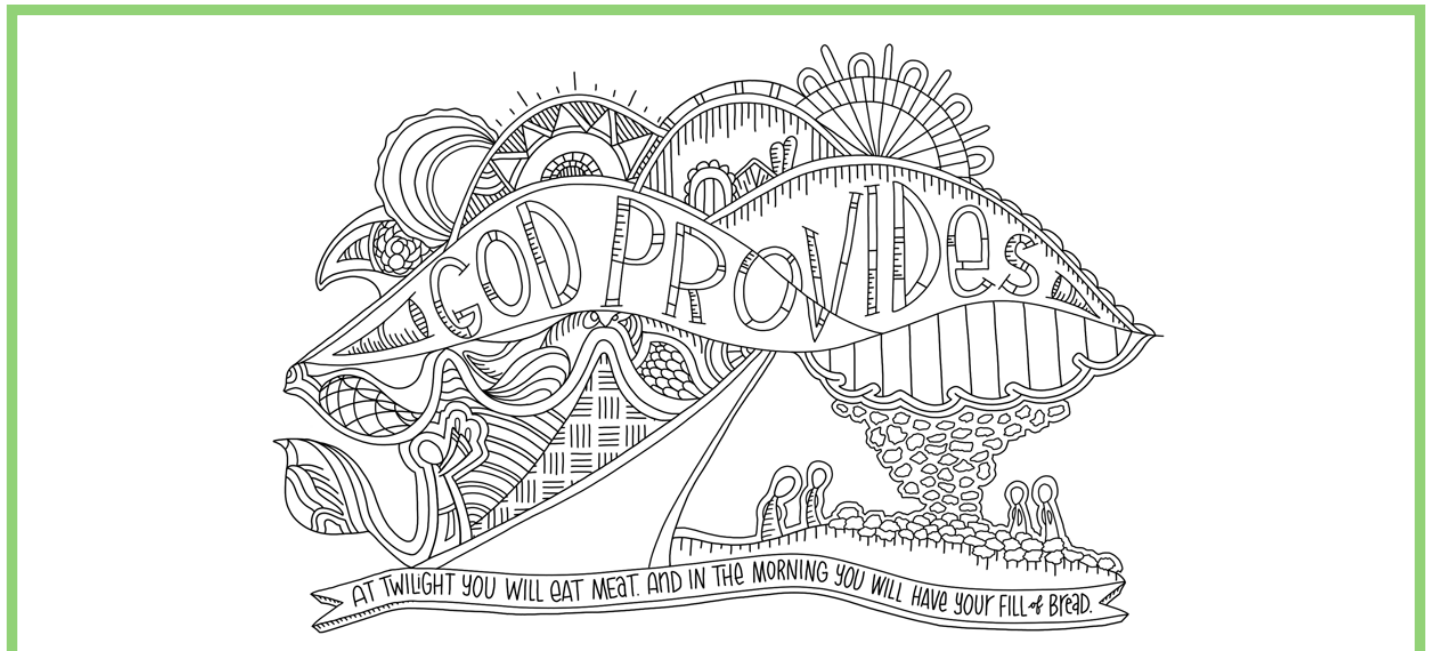
238 Exodus 16:2-13

**Big Idea**

**Key Question**

**Memory Verse**

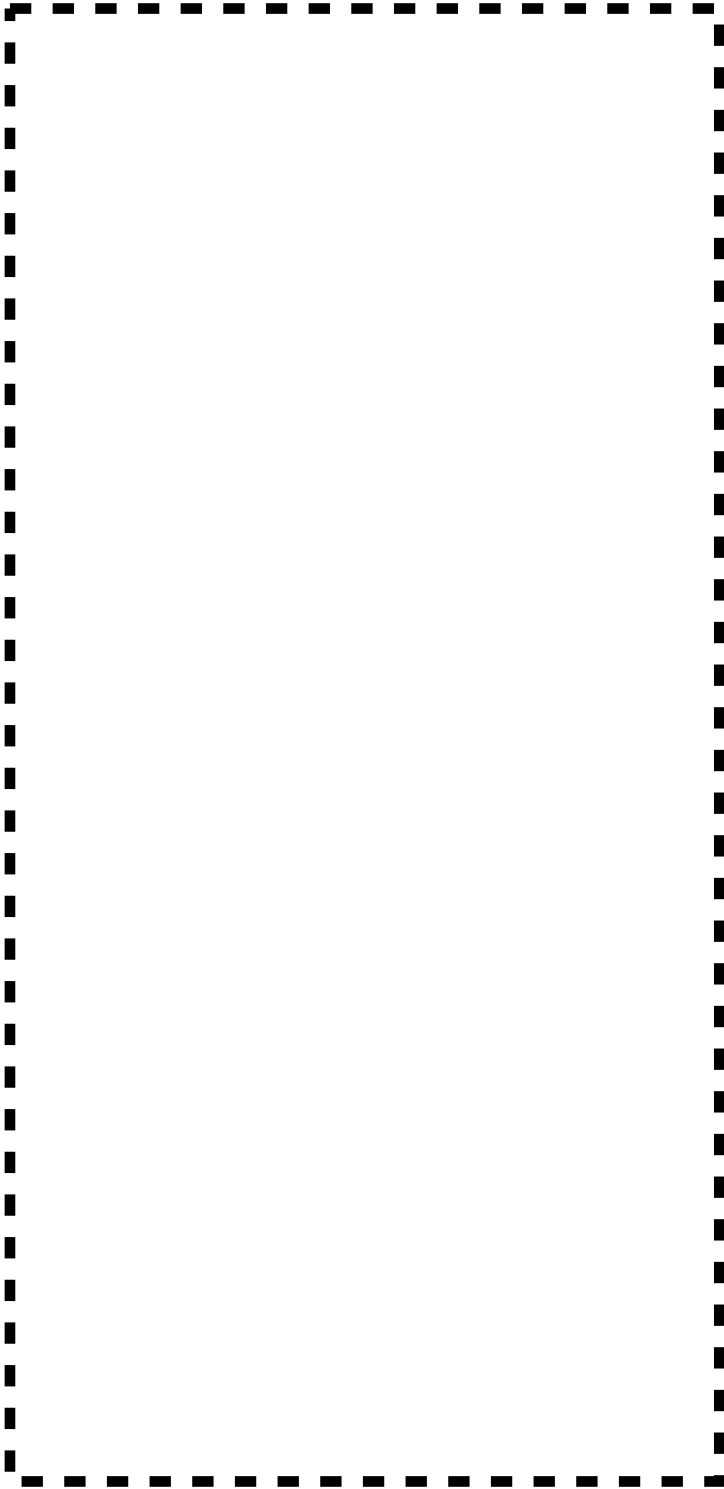
1 Thessalonians 5:\_\_\_ "Be \_\_\_\_\_ in all circumstances, for this is \_\_\_\_\_ will for you who belong to Christ \_\_\_\_\_."





# Manna From Heaven

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GOD WILL GIVE US WHAT WE NEED

**1 Thessalonians 5:18** "Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus."