

Lesson Overview

In today's lesson, we're going to learn about a special uniform we get to wear as Christians. It's not like a football uniform and it doesn't come with a police badge. It's really not clothes at all. We're talking about God's armor. The Bible says that when we trust in Jesus, we have the strength to fight against sinful things which are things that don't honor God. This special armor helps us to do that. We get the Belt of Truth that helps us to know right and wrong. The Breastplate of Righteousness protects our hearts and reminds us that we belong to God. The Shoes of Peace helps us to be brave in sharing the love of Jesus with others. The Shield of Faith helps us to fight off the attacks of the enemy and reminds us that we have Jesus on our side. The Helmet of Salvation reminds us that Jesus has forgiven us and we have the hope of heaven some day. The Sword of Truth is our weapon, not to hurt people, but to fight off sin. The Truth is God's word, the Bible, and it tells us how to live. So kids, remember your special uniform and be sure to put it on everyday.

Big Idea

God's armor helps us to fight sin.

Key Question

What does sin look like?

Memory Verse

Ephesians 6:10 "Be strong in the Lord and in his mighty power."

Classroom Agenda

1. (5 min) **PLAY:** Let kids start working on Activity Page #1.
2. (5 min) **WARM UP:** What sports team has the coolest uniform? Why do you think certain jobs like police officers or doctors need to wear a uniform? (Tip: Uniforms help people to know what team they represent. For police officers and doctors, their uniforms help us to know who to go to for help if we're in danger or are sick.)
3. (5 min) **PREVIEW:** Write out the Big Idea, Memory Verse, and Key Question on a whiteboard. Have the kids copy it down on Activity Page #1 (if applicable).
4. (20 min) **LARGE GROUP:** Gather for songs and videos with other kids. Then return to class to finish this guide.
5. (2 min) **RECAP:** Read the Lesson Overview (see above).
6. (3 min) **KQ:** Answer the Key Question. (Answer: **Sin is anything that doesn't honor God.** (The Bible tells us what makes God happy and what makes him sad. Sin is the stuff that makes God sad. Things like; lying, gossiping, stealing or disobeying. Jesus came to set us free from sin. With his help, we can say "No" to the sinful things.)
 - **Bonus Questions:** What are some other examples of sinful things that make God sad? What are some things that make God happy? **4-5th:** How does knowing the Bible help you to fight sin?
7. (5 min) **EXPLORE:** Read [Philippians 1:27](#). What do you think it means to be a citizen of heaven? How can God's armor help us with that? (Answer: A citizen represents their country and culture. So, as citizens of heaven, we belong to God. That means we should act like God wants us to act. We should be good representatives of him in everything we do. God's armor helps to remind us of who we are. We belong to God and we have Jesus on our side. He has forgiven our sins and given us the strength to say "No" to stuff that doesn't honor God.)
8. (10 min) **PLAY:** Choose a group activity from Activity Page #2.
9. (5 min) **CLOSE:** Share prayer requests and pray as a class. Encourage kids to use the Family Guide at home with their parents - and remind them to go online to pursueGOD.org/kids to find this week's lesson video.

Teacher instructions: Choose an activity for your classroom.

OPTION 1: LESSON REVIEW FILL IN THE BLANK

Instructions:

- Read a fill in the blank statement from below. First kid to raise their hand gets a chance to answer. If correct, they get a point. Keep track of each kid's points on the whiteboard as you go. Kid with the most points, wins.

Statements:

1. The ___ of God helps us to fight sin. (Armor)
2. The Belt of ___ helps us to know right and wrong. (Truth)
3. The Breastplate of Righteousness guards our ____. (hearts)
4. The ___ of Peace help us to share Jesus (Shoes)
5. The Helmet of ___ helps us to think about the right stuff. (Salvation)
6. The Sword of Truth is the ____ (Bible)
7. Jesus died on a ___ for us. (Cross)
8. Our memory verse is from the book of ____ (Ephesians)
9. The Shield of ___ protects us from satan's attacks. (Faith)
10. ___ is anything that doesn't honor God. (Sin)

Supplies needed: None

OPTION 2: PUT ON THE ARMOR RELAY

Instructions:

- Before class, tape two lines at each end of the room.
- Divide the class into two teams. Give each team a set of armor.
 - Men's shirts for the Breastplate of Righteousness
 - Belts for the Belt of Truth
 - A pair of adult shoes for Shoes of Peace
- Have teams line up behind the two lines at one end. When you say "Go!", have the first two kids in line put on their armor and run to the other end of the room and touch the taped line and then run back. Then, that kid takes off the armor and the next kid in line puts it on. Continue until all of the kids have put on the armor and run to the other end and back. The team to do it the quickest, wins.

Supplies needed: Tape, Armor items (see above)

Q12

BIBLE BASICS

The Armor of God

Hey kids and parents! Fill in the blanks as you talk about this week's lesson together. Have fun!

Key Points

- The Belt of _____ . Ephesians 6:14
- The Body Armor of _____
Ephesians 6:14
- The Shoes of _____ Ephesians 6:15
- The Shield of _____ Ephesians 6:16
- The Helmet of _____ Ephesians 6:17
- The Sword of the _____ Ephesians 6:17

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Talk About It

1. What's your favorite part of the video? What's one thing you learned from it?
2. In your opinion, what sports team has the coolest uniforms? Why do you think certain jobs like police officers or doctors need to wear a uniform?
3. How does the shield of faith help us in life?
4. What book is our sword?
5. Read Philippians 1:27. What do you think it means to be a citizen of heaven? How can God's armor help us with that?
6. How will you apply this lesson to your life this week?

Instructions: Solve the puzzles.

LIST YOUR TOP 3 DREAM JOBS

- 1.
- 2.
- 3.

Big Idea

Key Question

Memory Verse

*Ephesians 6:_____ "Be _____
in the _____ and in his
mighty _____."*

