

PursueGODkids.org

Lesson Overview

In today's lesson, we're talking about something called courage. Courage is just another word for being brave. Courage means you can stand up to fear and face it. Think about a fire fighter. When they get a call about a fire, they probably have some fear because fire is scary and unpredictable and there is a chance they can really get hurt. But, they have to run into the fire in order to put it out. They have to have the courage to face the fear and do what has to be done. It's the same with us. When we're afraid of going to a new school or trying out for a new team, we have to be brave and courageous, too. But here's the good news. We don't have to do it alone. God will help us to have the courage to face our fears. In fact, David wrote a psalm in the Bible that talked about how to be courageous. He was on the run from bad people and he learned how to trust God through it. Here's what David did and it's what we should do. When he was afraid, he remembered that God was his light. God would show him the way to go. He prayed a lot and asked God for help and was patient and waited for God to give him the strength he needed.

Big Idea

The key to courage is waiting for God to show up.

Key Question

What does it take to be courageous?

Memory Verse

Psalm 27:14 "Wait patiently for the Lord. Be brave and courageous."

Classroom Agenda

- (5 min) Let kids start working on Activity Page #1.**
- (5 min) WARM UP: What do you fear more? (choose one from each set): spiders vs. snakes? Heights vs. tight spaces? Alone in the dark vs. talking in front of people?** (Tip: We all have fear but the key is learning how to overcome it. God can help us!)
- (5 min) PREVIEW: Write out the Big Idea, Memory Verse, and Key Question on a whiteboard.** Have the kids copy it down on Activity Page #1 (if applicable).
- (20 min) LARGE GROUP: Gather for songs and videos with other kids.** Then return to class to finish this guide.
- (2 min) RECAP: Read the Lesson Overview (see above).**
- (3 min) KQ: Answer the Key Question.** (Answer: **We must remember who God is, pray and trust in him.** (The God of the whole universe loves us and he's strong enough to handle anything. So, when we're afraid and need courage, we need to stop and remember who God is, we need to pray and ask for help, and then we need to trust that he'll give us what we need to get through it.)
 - Bonus Questions:** What should we do to be courageous? Why is God worthy of our trust? **4-5th** What are you facing right now that requires courage? How can you rely on God more to face it?
- (5 min) EXPLORE: Read [Romans 8:38-39](#). Identify all that this passage says can't separate us from God's love. How does understanding God's love give you confidence over the things you fear?** (Answer: The tallest building or the deepest hole can't separate us from God's love. Not even death can do that. God is with us always and his love is strong enough to save us from anywhere. With God on our side, we have nothing to fear.)
- (10 min) PLAY: Choose a group activity from Activity Page #2.**
- (5 min) CLOSE: Share prayer requests and pray as a class.** Encourage kids to use the Family Guide at home with their parents - and remind them to go online to pursueGODkids.org to find this week's lesson video.

Teacher instructions: Choose an activity for your classroom.

OPTION 1: HOW BRAVE ARE YOU?

Instructions:

- Before you play, prepare the following:
 - **Taste Category:** place a smartie, a fruit snack and a gold fish into 3 separate dixie cups
 - **Touch Category:** place a wet cotton ball, slime, and a rock into 3 separate dixie cups
 - **Mystery Challenge:** write 10 sit ups, 10 hop in place 10 jumping jacks and place in 3 separate dixie cups.
- To play, ask a lesson review question. First kid to raise their hand gets to answer. If correct, they get to test their bravery by choosing a cup from one of the challenges. See if they can guess what they ate or touched or if they chose the mystery have them complete it.
- After playing, review the importance of courage

They need to remember who God is, pray and ask for help and wait patiently for God to show up!

Questions:

1. What is courage? (being brave and facing fear)
2. From what book is our Memory verse found? (Psalms)
3. Who wrote Psalm 27? (David)
4. T or F: God helps us to be brave. (T)
5. What book is full of God's truth? (Bible)
6. What should we do when we're afraid? (Pray/wait)
7. Why can we trust God? (Strong and loves us)
8. Why did Jesus die for us? (Sin)
9. What's another name for courage? (Brave)

Supplies needed: Dixie cups (9 for each class), Items listed above for the Taste and Touch, Paper

OPTION 2: THE KEYS TO COURAGE CRAFT

Instructions:

- Give the kids some construction paper and have them draw and cut out 3 keys. Then, have them write the following, one on each key:
 - Remember who God is
 - Pray and ask for help
 - Trust and wait
- Using a hole punch, have them punch a hole at the top of each key. Then, give them a piece of yarn and have them thread the yarn through each key and tie a knot making a key chain.
- As they work, read Psalm 27 and remind the kids how to be courageous like David and remember the three keys to courage the next time they're faced with fear.

Supplies needed: Construction paper, Scissors, Pencils, Yarn (cut into 5 in pieces, 1 per kid), Hole punches

Q5

KIDS WISDOM

Courage

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It's easy to be afraid of things, but God helps us to have courage!

Key Points:

- There's no need for _____ if the Lord is your light. Psalm 27:1
- God invites us to _____ to him whenever we're afraid. Psalm 27:8
- The key to courage is _____ for God to show up. Psalm 27:14

Memory Verse:

Psalm 27:14 Wait patiently for the Lord. Be brave and courageous

Talk About It

1. *What's your favorite part of the video? What's one thing you learned from it?*
2. *What do you fear more? (choose one from each set): spiders vs. snakes? Heights vs. tight spaces? Alone in the dark vs. talking in front of people?*
3. *What is courage? What should we do when we're afraid?*
4. *Why do you think courage takes patience? Give an example from your life when you prayed for God to help you when you were afraid.*
5. *Read Romans 8:38-39. Identify all that this passage says can't separate us from God's love. How does understanding God's love give you confidence over the things you fear?*
6. *How will you apply this lesson to your life this week?*

Instructions: Complete the list and color the picture.

MAKE A LIST OF YOUR TOP 5 FEARS

- 1.
- 2.
- 3.
- 4.
- 5.

Big Idea

Key Question

Memory Verse

*Psalm 27:___ "Wait _____
for the _____. Be brave and
_____."*

