



BIBLE STORYLINE

# Samson The Strong Man

[PursueGODkids.org](http://PursueGODkids.org)

## Slide: Welcome

*(Start kid's countdown once all classes are present.)*

**Hey kids! Welcome to Kid's Church. I'm so glad you could be here today.**

## Slide: Series Intro

**Leader Tip:** Bring in some objects that way differing pounds. (bag of sugar, sack of rocks, hand weight, stack of books). Invite a few kids up to test their strength by lifting the various objects. Then, have them take their seats.) Say, "Today, we're going to learn about a super strong guy with big muscles but you might be surprised by what made him so strong.)

**Before we jump into our lesson I have a question for you guys! Who is the strongest person you know? (allow kids to answer). Good! Maybe it's your dad or a famous super hero. What makes that person so strong? (allow kids to answer). It's probably their big muscles! (If you used the leader tip, ask the kids how much strength it took to lift each item.)**

**Well, in today's lesson we are going to learn about a super strong guy in the Bible. His name is Samson, and he gets his strength from somewhere better than muscles.**

**But, before we get into that, let's stand and sing.**

## Song

*He Is the Light*

**Good job! I think God loves hearing all your voices praising him! Now let's say our Big Idea together.**

## Slide: Big Idea

*All together:* When we need strength, we can get it from God. **(Repeat)**

## Video

*Play lesson video.*

## Slide: Recap

**So, what did we learn from the video today? Let's review...**

- Who helped Samson when he needed strength? (God)

- Why did Samson lose his strength? (he broke his promise to God, and the Philistines cut his hair off)
- True or False: When we need strength, God can give it to us. (T)

Samson's strength didn't come from his muscles and working out a lot at the gym. And, his strength didn't come from his super long hair, either. His strength came from God. God gave Samson strength so he could defeat his enemy the Philistines. But, Samson had to keep a promise to God if he wanted to remain strong. The promise was to never cut his hair. Samson ended up breaking his promise to God when he told his friend that he couldn't cut his hair. Once the Philistines heard this, they went after Samson and cut it all off! They thought that Samson's strength really came from his hair. They were sure they had defeated Samson once and for all. But, they were fooled because it wasn't really about the hair. It was about God and his strength. Later in the story, we see that God was gracious towards Samson and made him super strong one last time so that he could finally defeat the Philistines.

That reminds me of our memory verse. Let's all stand and say it together.

### **Slide: Memory Verse**

"For I can do all things (point at self) through Christ (point up), who gives me strength (flex)."  
Philippians 4:13 *(Repeat)*

Our strength comes from God, too, and sometimes we need a little extra strength to face the hard stuff in life. We are always fighting battles against sin where we're faced with choosing to do the right thing or the wrong thing. But don't worry! Just like God gave Samson great strength, he'll give us the strength we need to win our battles, too.

Now, let's all stand and sing one last song together.

### **Song**

*Imagine the Impossible*

Okay, let's all say the Big Idea together one last time!

### **Slide: Big Idea**

When we need strength, we can get it from God. *(Repeat)*

### **Slide: Let's Pray**

Pray and release the kids to small group.