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Lesson Overview

In today's lesson, we're talking about a famous guy in the Bible named Samson. God told Samson's parents before he was born that he was going to be really special. God was going to make him a powerful and strong warrior who would defeat some mean people called the Philistines. The only thing Samson could never do was cut his hair. Samson was so strong that he was able to do some crazy things like kill a lion with his bare hands and he even defeated 1000 men with no army to help him! But, one day Samson made a big mistake. He told a friend about his hair and that God told him never to cut it or he would lose his strength. When Samson said this, he had broken his promise to God. So, the Philistines found out about his hair and they captured him and cut his hair off taking Samson's strength with it. But, God chose to be gracious to Samson and answered his prayer to have one last moment of strength to finally defeat the Philistines. God answered his prayer and Samson finally defeated the enemy. And guess what? God will make us strong to help us win the battles we face.

Big Idea

When we need strength, we can get it from God

Key Question

What do we have to fight?

Memory Verse

Philippians 4:13 "For I can do all things through Christ, who gives me strength."

Classroom Agenda

1. (5 min) **Let kids start working on Activity Page #1.**
2. (5 min) **WARM UP: If you were the strongest person in the world, what would you do with that strength?** (Tip: Maybe you would push a hurricane out to sea so it wouldn't destroy homes or you would stand up to a bully at school and tell him to stop picking on kids. God is the strongest ever and he wants to make us strong.)
3. (5 min) **PREVIEW: Write out the Big Idea, Memory Verse, and Key Question on a whiteboard.** Have the kids copy it down on Activity Page #1 (if applicable).
4. (20 min) **LARGE GROUP: Gather for songs and videos with other kids.** Then return to class to finish this guide.
5. (2 min) **RECAP: Read the Lesson Overview (see above).**
6. (3 min) **KQ: Answer the Key Question.** (Answer: **We have to battle sin every day.** (The Bible says we all have a sin problem. Sin is the desire to go our own way instead of God's way. Every day, we are faced with choices to do what honors God or not. This can be especially hard when our friends are doing things we know are wrong. The good news is God will give us the strength we need to fight and win those battles.)
 - **Bonus Questions:** What is sin? What are some things that don't honor God? **4-5th** How do you stand up to your friends when they want to do something you know is wrong?
7. (5 min) **EXPLORE: Read [Isaiah 12:2](#). How has God saved us? How does he make us strong?** (Answer: God didn't leave us to fight sin alone. Jesus came to be our strength. He died for OUR sins so we could be free to live a life that honors him. He set us free from being controlled by sin! And, when we put our trust in Jesus, he gives us the Holy Spirit to live in our hearts who gives us the strength to say "No" to sin and "Yes" to God.)
8. (10 min) **PLAY: Choose a group activity from Activity Page #2.**
9. (5 min) **CLOSE: Share prayer requests and pray as a class.** Encourage kids to use the Family Guide at home with their parents - and remind them to go online to pursueGODkids.org to find this week's lesson video.

Teacher instructions: Choose an activity for your classroom.

OPTION 1: SAMSON THE STRONG MAN CRAFT

Instructions:

- Give each kid a Samson template (page 5), a large craft stick, 2 eyes and brown or black yarn.
- Have the kids glue the face onto the top part of the stick. Then have them glue the eyes on to Samson's face and have them draw a nose and mouth. Then, have them glue pieces of yarn to the head to make hair for Samson.
- Then, have them glue an arm to each side of the craft stick. Have them glue "Samson the Strong Man along the stick below the face.
- As they kids work, read part of Samson's story from Judges 13:1-5. Remind them that Samson was a great warrior who God blessed with great strength. God will give us strength to fight our battles, too.

Supplies needed: Samson template (pg. 5, pre cut, 1 set per kid) Large craft sticks (1 per kid), Craft eyes (1 set per kid), Brown/black yarn (cut into 5 in pieces, several per kid) Glue, Crayons, Markers

OPTION 2: PICK A SQUARE LESSON REVIEW

Instructions:

- Before playing, tape the game cards (page 6) up on the whiteboard, backside facing out so the kids can't see what's written on the cards.
- Ask a question from below, and answer as a class. Then, invite a kid to come up and turn over a card and do what it says. Continue playing until all the questions have been asked.

Questions:

1. Who was the main character in the story today? (Samson)
2. T or F: Samson was a king. (F. He was a judge)
3. Is this story found in the OT or NT? (OT)
4. What did Samson promise never to do? (Cut his hair)
5. From what book is our memory verse found? (Philippians)
6. Who gave Samson strength? (God)
7. Who did Samson defeat? (Philistines)
8. T or F: Samson lost his strength when his hair was cut. (T)
9. What animal did Samson kill with his bare hands? (Lion)
10. What's the Big Idea today? (See board)

Supplies needed: Game card template (pg. 6, pre cut, 1 set per class) Tape



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Samson's strength didn't actually come from his super long hair, it came from somewhere way cooler than that.

Key Points:

- God promised to make Samson a _____.
- Every time Samson needed strength, the _____ helped him.
- When Samson broke his promise to God, he finally _____ his strength.
- God made Samson _____ for one last warrior move.
- When we need strength, we can get it from _____.

Memory Verse:

Philippians 4:13 For I can do all things through Christ, who gives me strength.

Talk About It

1. *What's your favorite part of the video? What's one thing you learned from it?*
2. *If you were the strongest person in the world, what would you do with that strength?*
3. *What did God promise to Samson? Who was he going to defeat?*
4. *What was Samson not allowed to cut or his strength would leave? Who gave Samson his strength?*
5. *Read Isaiah 12:2. How has God saved us? How does he make us strong?*
6. *How will you apply this lesson to your life this week?*

Instructions: Color the picture.

WHEN WE NEED
STRENGTH, WE
CAN GET IT
FROM GOD

Key Question

What do we have to fight?

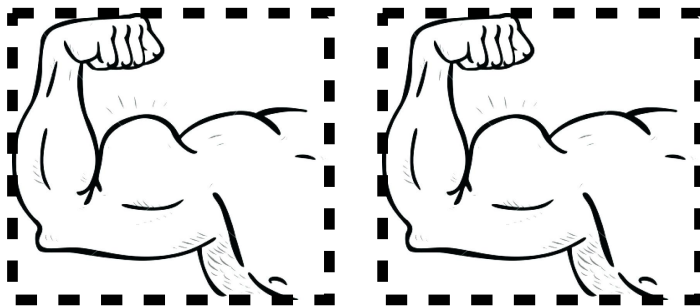
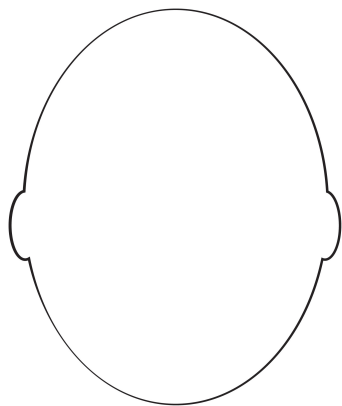
Memory Verse

Philippians 4:13 "For I can do all things through Christ, who gives me strength."

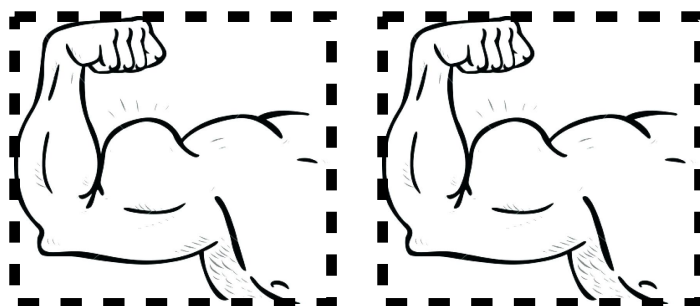
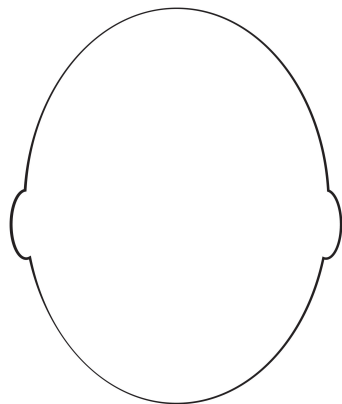


SAMSON THE STRONG MAN

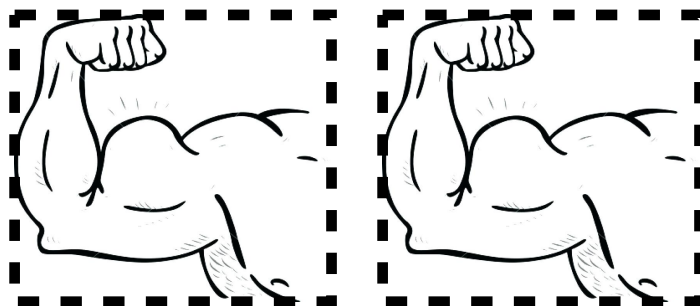
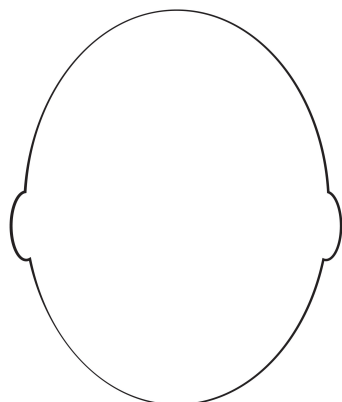
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SAMSON THE STRONG MAN



SAMSON THE STRONG MAN



SAMSON THE STRONG MAN



YOU EARNED 5 POINTS!	YOU EARNED 10 POINTS	LOSE A TURN
YOU EARNED 5 POINTS	YOU LOST 5 POINTS	YOU EARNED 10 POINTS
YOU LOST 5 POINTS	YOU EARNED 1 POINT	YOU LOST 10 POINTS
YOU EARNED 20 POINTS	YOU EARNED 20 POINTS	YOU EARNED 1 POINT
DOUBLE YOUR POINTS	BONUS 5 POINTS	YOU EARNED 2 POINT