An Easy Yoke

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Following Jesus isn't a chore, it's something we should be happy to do! **Key Points:**

• In Bible times, every normal person had to ______ really hard.

- When animals were put to work they had to wear a "_____".
- Jesus said his yoke was _____, not hard like other religions.
- _____ isn't a chore, it's something you really want to do.

Memory Verse:

Matthew 11:30 For my yoke is easy to bear, and the burden I give you is light.

Talk About It

- 1. What's your favorite part of the video? What's one thing you learned from it?
- 2. What's the worst chore you have to do at your house?
- 3. In Bible times, who didn't have to work very hard? What did the normal people have to do?
- 4. What is a yoke? How did it help the animals to do their job? Who offers to help us?
- 5. Read 2 Corinthians 12:9-10. What did Jesus do for us? What do you think it means that when we're weak, then we're strong in Jesus?
- 6. How will you apply this lesson to your life this week?