

Q7

LIFE OF JESUS

Jesus Heals On the Sabbath

PursueGODkids.org

Lesson Overview

In today's lesson, we're learning about a time Jesus broke a rule! That doesn't sound like something Jesus would do but he had a good reason to do it. One day, Jesus was teaching in the synagogue which was their church back then. It was the Sabbath. Now, the Sabbath was a special day. God talked about it with Moses when he gave him the 10 Commandments. The people were supposed to work for 6 days and then rest on the 7th - which was called the Sabbath. The religious leaders took this rule very seriously but they also added some of their own silly rules. God's point for the Sabbath was to let people rest and focus on him. God's rules always had a point. He didn't make rules just to make rules. But, the religious leaders missed that. They made it all about rules and not about God. So, Jesus decided to challenge this idea. As he taught on the Sabbath, a crippled woman came who needed to be healed and Jesus healed her! Now, the people were praising Jesus for the miracle but the religious leader got mad because he considered healing as work. He cared more about the rule than the person. But, Jesus showed that people matter more than a rule.

Big Idea

Jesus cares more about people than rules.

Key Question

What is the point of God's rules?

Memory Verse

Mark 2:27 "The Sabbath was made to meet the needs of people, and not people to meet the requirements of the Sabbath."

Classroom Agenda

1. (5 min) **Let kids start working on Activity Page #1.**
2. (5 min) **WARM UP: If you were in charge of your house for the day, what rules would you put in place?** (Tip: Maybe you would say cookies for breakfast or messy rooms are best! Jesus broke a rule for a good reason.)
3. (5 min) **PREVIEW: Write out the Big Idea, Memory Verse, and Key Question on a whiteboard.** Have the kids copy it down on Activity Page #1 (if applicable).
4. (20 min) **LARGE GROUP: Gather for songs and videos with other kids.** Then return to class to finish this guide.
5. (2 min) **RECAP: Read the Lesson Overview (see above).**
6. (3 min) **KQ: Answer the Key Question.** (Answer: **To help us and keep us safe.** (God's rules are about helping us, protecting us, and showing us how to live to honor him. Think about the 10 Commandments. They tell us to keep God first, don't lie, obey our parents, don't steal or gossip. God's rules help us to be kind and to keep our priorities straight. That's why Jesus healed that woman on the Sabbath. He wanted to help her!))
 - **Bonus Questions:** What's the point to God's rules? What list of rules help us in life? **4-5th** How do you think the woman felt when Jesus healed her that day?
7. (5 min) **EXPLORE: Read Galatians 5:1. How has Jesus set us free? Why does Paul warn against the rules?** (Answer: Jesus came to set us free from sin that makes us want to go our own way instead of God's way. And, he gives us the strength to obey God. God's rules help us to live to honor him. Paul's point was not to make our focus just following a rule. The point is to give our whole hearts to God and obey him because we love him.)
8. (10 min) **PLAY: Choose a group activity from Activity Page #2.**
9. (5 min) **CLOSE: Share prayer requests and pray as a class.** Encourage kids to use the Family Guide at home with their parents - and remind them to go online to pursueGODkids.org to find this week's lesson video.

Teacher instructions: Choose an activity for your classroom.

OPTION 1: TRUE OR FALSE FACE OFF GAME

Instructions:

- Before playing, read the story from Luke 13:10-17.
- Then, have two kids come up for a face off. Give each a bell or ringer. Read a statement from below. First to ring gets a chance to answer. If correct, they get a point. Then, have two new kids come up. Keep track of their points as you go.

Statements:

1. Our story comes from the NT. (T)
2. Jesus got in trouble for yelling at someone. (F. Healing on the Sabbath)
3. The special day was called Siesta. (F. Sabbath)
4. Our memory verse comes from the book of Mark. (T)
5. Jesus healed a woman who was blind. (F, bent over, crippled)
6. The disciples got mad at Jesus for healing the woman. (F. The religious leader)
7. Jesus said people matter more to God than rules. (T)
8. God gave Abraham the 10 Commandments. (F. Moses)
9. God's rules are meant to help us. (T)
10. Jesus healed the woman on a mountain. (F. Synagogue)

Supplies needed: Bells/Ringers

OPTION 2: JESUS HEALS ON THE SABBATH CRAFT

Instructions:

- Give each kid a Hand template (page 5), a piece of white paper and a piece of construction paper. Have the kids trace their hand onto the white paper. Then, have them cut it out and have them color their hand.
- Then, have them glue it to the center of the construction paper. Then, have them put two bandaids on the hand, making a cross.
- Then, have the kids Glue the Title to the top of the construction paper and the Memory verse at the bottom.
- As the kids work, read the story from Luke 13:10-17. Remind the kids that Jesus chose to break a rule in order to heal a woman. Jesus was showing the people that in that moment, this woman mattered more than the rule to keep the Sabbath.

Supplies needed: Hand template (pg. 5, pre cut, 1 set per kid), White paper, Construction paper (1 sheet per kid), Bandaids (2 per kid), Glue, Crayons, Pencils, Scissors

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Jesus cares about people more than rules.

Key Points:

- One day Jesus was teaching in the synagogue on the _____.
- A crippled lady came in and Jesus _____ her.
- The religious leader got mad at Jesus for _____ the rules.
- Jesus cares about _____ more than rules.

Memory Verse:

Mark 2:27 The Sabbath was made to meet the needs of people, and not people to meet the requirements of the Sabbath.

Talk About It

1. *What's your favorite part of the video? What's one thing you learned from it?*
2. *If you were in charge of your house for the day, what rules would you put in place?*
3. *Where was Jesus teaching? What was the Sabbath?*
4. *Why did the religious leader get mad at Jesus? How did Jesus respond?*
5. *Read Galatians 5:1. How has Jesus set us free? Why does Paul warn against the rules?*
6. *How will you apply this lesson to your life this week?*

Instructions: Solve the puzzle and color the picture.

List 5 rules in your house

- 1.
- 2.
- 3.
- 4.
- 5.

Big Idea

Key Question

Memory Verse

Mark 2:___ "The _____
was made to _____ the needs
of people, and _____ people to
meet the _____ of
the Sabbath."





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