

Q7

LIFE OF JESUS

## The Transfiguration

[PursueGODkids.org](http://PursueGODkids.org)**Lesson Overview**

In today's lesson, we're going to learn about a cool story about Jesus. One day, Jesus invited a few of his disciples, Peter, James and John to go up the mountain with him. Once they got to the top, something really cool happened. Jesus' face suddenly became bright like the sun and his clothes became bright like a light! Then, two famous guys from the past appeared. It was Moses and Elijah. This definitely took the disciples by surprise! They weren't sure what was happening but they knew it was something special. But, then an even crazier thing happened. A voice from heaven spoke to them. It was God! And, what he said was very important. He told Peter, James and John to listen to Jesus! When they heard God speak, they bowed down on the ground in fear. But, Jesus told them not to be afraid. The point of this whole experience was to show the disciples how special Jesus was and why he should be obeyed. Jesus is God and he deserves respect and obedience. So kids, let's remember to listen and obey Jesus because he's the most important person ever!

**Big Idea**

*When we understand who Jesus is, we will listen to him.*

---

**Key Question**

*Who is Jesus?*

---

**Memory Verse**

*Matthew 17:5b "This is my dearly loved Son, who brings me great joy. Listen to him."*

## Classroom Agenda

1. (5 min) **Let kids start working on Activity Page #1.**
2. (5 min) **WARM UP: How do you respond when a friend or younger sibling tells you to do something? Why do you respond that way?** (Tip: It's hard to listen to someone younger than we are or even to a friend. But, it's easier to obey an adult because they know more than we do. We should obey Jesus most of all because he's God! )
3. (5 min) **PREVIEW: Write out the Big Idea, Memory Verse, and Key Question on a whiteboard.** Have the kids copy it down on Activity Page #1 (if applicable).
4. (20 min) **LARGE GROUP: Gather for songs and videos with other kids.** Then return to class to finish this guide.
5. (2 min) **RECAP: Read the Lesson Overview (see above).**
6. (3 min) **KQ: Answer the Key Question.** (Answer: **Jesus is God.** (This might sound really confusing because we hear stories where God talks about Jesus like he is his son. But, the Bible is clear that Jesus is God- just God who came in human form. Jesus left heaven to come to die to pay for our sins so we could be made right with God. Only a perfect person could die in our place. Jesus was perfect because he is God!))
  - **Bonus Questions:** Who is Jesus? Why does it matter that he's God? **4-5th** Why do you think the disciples needed to be reminded of who Jesus was when they were up on that mountain?
7. (5 min) **EXPLORE: Read James 1:22-24. What book is God's word? What does this passage tell us to do? Why is obedience important?** (Answer: The Bible is another name for God's word. We need to listen AND obey what the Bible says. If we just read it but don't obey it, then we can't honor God. God wants us to live out his word.)
8. (10 min) **PLAY: Choose a group activity from Activity Page #2.**
9. (5 min) **CLOSE: Share prayer requests and pray as a class.** Encourage kids to use the Family Guide at home with their parents - and remind them to go online to [pursueGODkids.org](http://pursueGODkids.org) to find this week's lesson video.

**Teacher instructions:** Choose an activity for your classroom.

## OPTION 1: JESUS AS BRIGHT AS THE SUN CRAFT

### Instructions:

- Give each kid a small paper plate, a Jesus template (page 5) and pieces of yellow, red and orange construction paper.
- Have the kids cut out and glue Jesus in the middle of the plate and the phrase and verse above and below him.
- Then, have them cut out small strips of construction paper to make sun rays and have them glue the strips around the rim of the plate to make it look like a sun.
- As they work, read the story of the Transfiguration from Matthew 17:1-7. Remind the kids that Jesus is God and he deserves to be respected and obeyed by us.

**Supplies needed:** Small paper plates (1 per kid), Jesus template (pg. 5, 1 set per kid), Scissors, Construction paper (red, yellow, orange), Glue

## OPTION 2: THE CHALLENGE LESSON REVIEW GAME

### Instructions:

- Before class, cut up the Game template (page 6) and tape up on the whiteboard, pictures toward the backboard.
- Have the class divide into two teams. For each round of the game, teams will choose 1 person to face off against a person from the other team. They will face off to complete the challenges below. Whichever kid finishes first, gets to flip over one of the Game templates taped on the board and the team must decide how that picture or word(s) fits into the lesson. If correct, the team gets a point.
- Continue the challenges until all the Game templates are flipped over. Team with the most points, wins.

### Challenges:

- 10 situps
- 10 jumping jacks
- 10 hops on 1 foot

- 10 burpees
- 10 lunges
- 10 squats

### Answers:

- Jesus-God who came to die for our sins. He glowed like the sun in the story.
- John, Peter, James-the disciples who went up the mountain with Jesus.
- Sun-Jesus' face became bright like the sun.
- Mountain-where the transfiguration happened
- Moses and Elijah-famous guys from the past who appeared
- God-Spoke to the disciples and said to listen to Jesus

**Supplies needed:** Game template (pg. 6, precut, 1 set per class), Tape

Q7

LIFE OF JESUS

# The Transfiguration

[PursueGODkids.org](http://PursueGODkids.org)

Jesus is God's son, so we should listen to him.

## Key Points:

- \_\_\_\_\_ lead Peter, James, and John up a high mountain to be alone. Matthew 17:1
- Jesus's \_\_\_\_\_ and \_\_\_\_\_ turned bright like the sun. Matthew 17:2-3
- The disciples heard a voice coming from the \_\_\_\_\_. Matthew 17:5-6
- When we understand who \_\_\_\_\_ is we will listen to him.

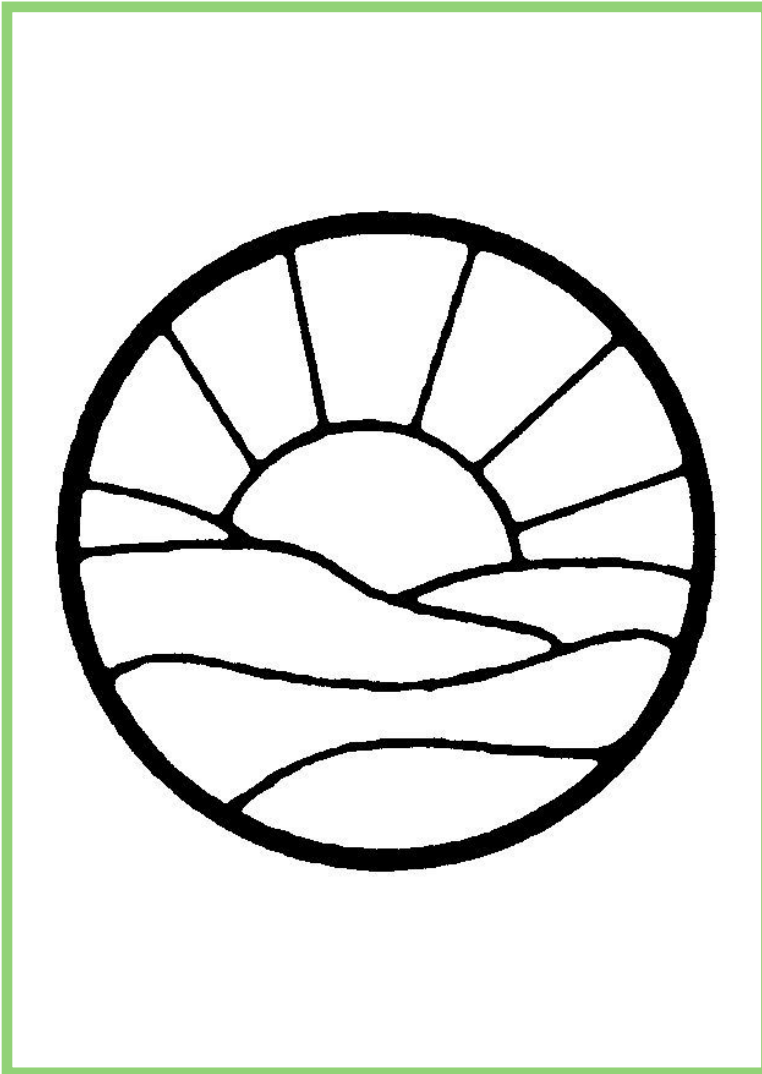
## Memory Verse:

Matthew 17:5b "This is my dearly loved Son, who brings me great joy. Listen to him."

## Talk About It

1. *What's your favorite part of the video? What's one thing you learned from it?*
2. *How do you respond when a friend or younger sibling tells you to do something? Why do you respond that way?*
3. *Who went up the mountain with Jesus? What happened to Jesus?*
4. *Who spoke from heaven? What did God say?*
5. *Read James 1:22-24. The word is just another word for the Bible. What does this passage tell us to do? Why is obedience important?*
6. *How will you apply this lesson to your life this week?*

**Instructions:** Color the picture and solve the puzzle.



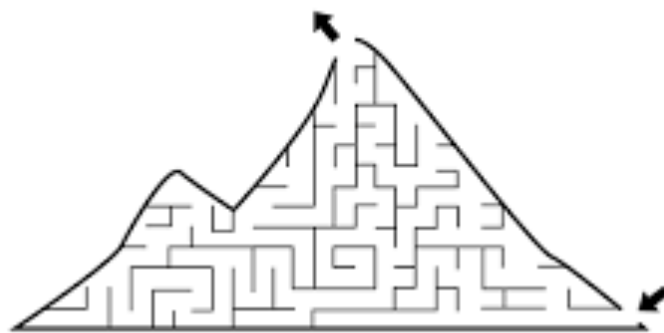
**Big Idea**

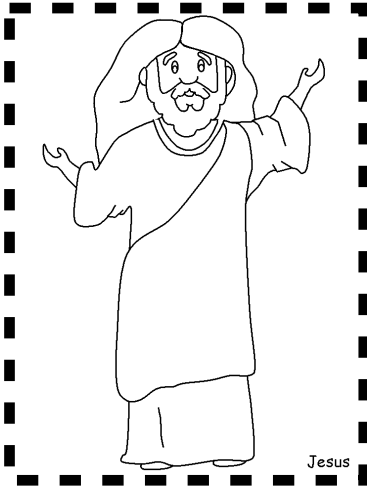
**Key Question**

**Memory Verse**

Matthew 17:\_\_\_ "This is my dearly  
 \_\_\_\_\_ Son, who brings me  
 \_\_\_\_\_ joy. \_\_\_\_\_ to  
 him."

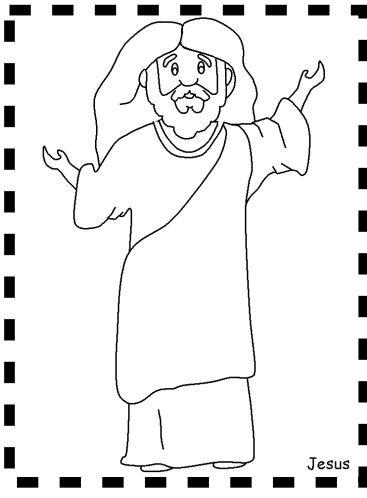
**Mountain Maze**





THE TRANSFIGURATION:  
WHEN JESUS LOOKED  
BRIGHT LIKE THE SUN

Matthew 17:5b "This is my  
dearly loved Son, who brings  
me great joy. Listen to him."



THE TRANSFIGURATION:  
WHEN JESUS LOOKED  
BRIGHT LIKE THE SUN

Matthew 17:5b "This is my  
dearly loved Son, who brings  
me great joy. Listen to him."



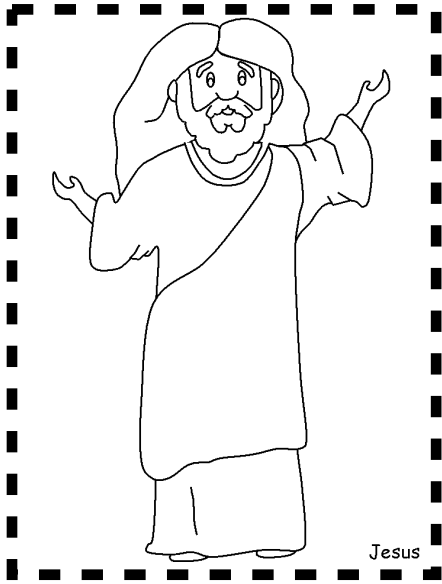
THE TRANSFIGURATION:  
WHEN JESUS LOOKED  
BRIGHT LIKE THE SUN

Matthew 17:5b "This is my  
dearly loved Son, who brings  
me great joy. Listen to him."

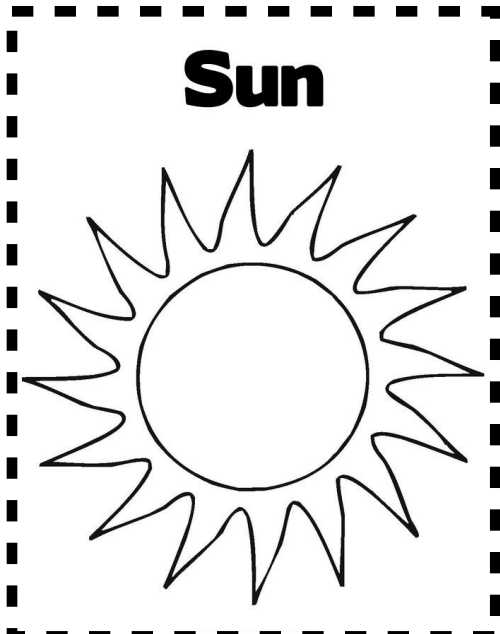


# The Transfiguration

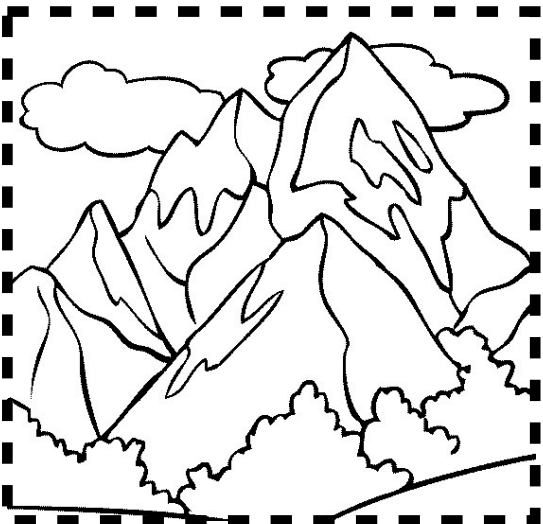
[PursueGODkids.org](http://PursueGODkids.org)



MOSES AND  
ELIJAH



PETER  
JAMES  
JOHN



GOD