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## Lesson Overview

We're continuing in our series called, "Foundations for kids". If we want a strong relationship with God, then we need to understand 3 important truths. Today, we're going to talk about the third truth which is: we grow by helping others. Did you know that Jesus wants your help? He does! Jesus is so smart that he accomplishes two things at once. He designed us to grow in our love for him when we help someone else. And, when we help someone, we're pointing them to Jesus. See how that works? When we help others, they get a glimpse of God through us and we grow in our faith! Here are the three main ways you can help others: 1. Serving at home and at school. 2. Giving money to your church. 3. Share Jesus with your friends. So, if you want to grow in your faith in God, look for ways to help someone else.

### Classroom Agenda

1. (5 min) **PLAY: Let kids start working on Activity Page #1.**
2. (5 min) **WARM UP: How do you feel when people do things for you? How can you serve people in your life?** (Tip: It feels good when people do things for us. For example, when your Mom cooks you dinner or when your sibling does one of your chores. We should look for ways to serve others, too.)
3. (5 min) **PREVIEW: Write out the Big Idea, Memory Verse, and Key Question on a whiteboard.** Have the kids copy it down on Activity Page #1 (if applicable).
4. (20 min) **LARGE GROUP: Gather for songs and videos with other kids.** Then return to class to finish this guide.
5. (2 min) **RECAP: Read the Lesson Overview (see above).**
6. (3 min) **KQ: Answer the Key Question.** (Answer: **By serving and sharing Jesus with them.** (God's love is the best kind of love anyone can ever experience. And, we can show the love of God to others by serving them. We can help a friend with homework or encourage them when they're sad. And, the best thing we can do is to share what Jesus has done for them: He died on the cross to pay for their sins, and when they put their trust in him, they can live in heaven with him someday.)
  - **Bonus Questions:** What can we do to help others? Why should we tell our friends about Jesus? **4-5th:** What are some things you can do at school to show the love of Jesus to others?
7. (5 min) **EXPLORE: Read Romans 12:9-11. What does it look like to really love someone? How can you honor people in your life?** (Answer: To really love someone, you need to do things that help them and make them feel special. Things like; writing a nice note to tell them how special they are or doing chores to help your parents. This is also how you honor people. You show your appreciation by looking for ways to serve them.
8. (10 min) **PLAY: Choose a group activity from Activity Page #2.**
9. (5 min) **CLOSE: Share prayer requests and pray as a class.** Encourage kids to use the Family Guide at home with their parents - and remind them to go online to [pursueGOD.org/kids](http://pursueGOD.org/kids) to find this week's lesson video.

### Big Idea

*We grow by helping others*

### Key Question

*How can we help our friends?*

### Memory Verse

*Matthew 28:19 "Go and make disciples of all the nations."*

**Teacher instructions:** Choose an activity for your classroom.

## OPTION 1: "HOW CAN I HELP?"

### Instructions:

- Read a Scenario (page 5) to the class.
- Have them decide a way they could be helpful in each situation.

**Supplies needed:** Scenarios template (page 5)

### Bonus Activity: "Fast Facts"

See who's the quickest to answer.

1. We grow by \_\_(helping) others.
2. Our memory verse is in the book of \_\_(Matthew)
3. We should share \_\_(Jesus) with our friends.

## OPTION 2: HELPING OTHERS CANDY UNWRAP GAME

### Instructions:

- Before class, prepare the bags for the game
  - Place 4 tootsie rolls in each bag
  - Wrap each bag with 2 rubber bands
- Divide the class into pairs and give each pair a bag.
- When you say "Go!", have kids try to get to the candy **but each kid can only use one hand**. They'll have to work together to get the task done!
- Kids can each have 2 pieces of candy to enjoy at the end of the game.

### Supplies needed:

Baggies, Tootsie Roll candies (4 per bag), Rubber bands (2 per bag)

### Bonus Activity: "True or False"

See who's the quickest to answer.

1. We don't need to help people. (F)
2. Our memory verse is from the book of Mark. (F)
3. We should share Jesus with our friends. (T)

**Instructions:** Solve the puzzles.

### Love One another

My command is this: Love each other as I have loved you. John 15:12 (NIV)

Based on John 15:9-17 (NIV)



G Q R J N I L D R Z G F U R G  
 C O M M A N D D I M Y T E Z I  
 G F S Y J F W J O K H N Y O J  
 Q W F L F R U I T W S C P M I  
 C H M E R B W Q J F N R U P O  
 T L D R I K O B U S I N E S S  
 Q X S X E J U O E R N L A Y R  
 O A P R N E N B A I F L I S R  
 M J L B D I O E D K R V T E T  
 L A F O S A B Y M Z N N T V F  
 M D S A V V Y K N R A A U E E  
 Z H T T T E P W L V E L S F F  
 Y M N P E H H A R R P O I V Q  
 F F G P B R E E G Z H L H R I  
 R E M A I N S R V C E C D S A

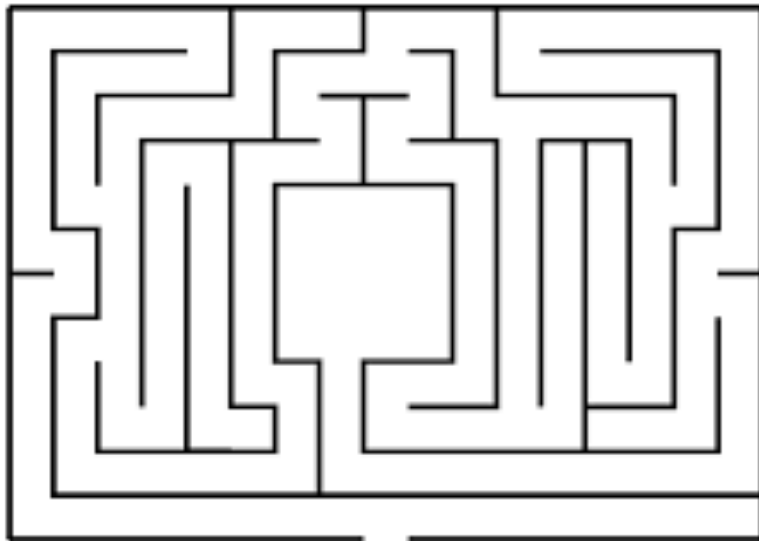
FRIENDS	OBEY	LOVE	FRUIT
DOWN	BUSINESS	BEAR	MASTER
LAY	FATHER	LIFE	REMAIN
SERVANTS	GREATER	COMMAND	CHOSE

### Big Idea

### Key Question

### Memory Verse

Matthew 28:\_\_\_\_ "\_\_\_\_ and  
 make \_\_\_\_\_ of all the  
 nations."





[link](#)

YOUR MOM JUST GOT HOME FROM THE GROCERY STORE

YOUR FRIEND IS CRYING AT SCHOOL

YOUR GRANDPARENTS ARE COMING TO TOWN

YOUR SIBLING IS DOING HOMEWORK

YOUR FRIEND DOESN'T HAVE MONEY FOR SHOES

YOUR CHURCH IS SUPPORTING A HOMELESS SHELTER

YOUR NEIGHBOR IS REALLY SICK

YOUR FRIEND ASKS YOU WHERE YOU GO TO CHURCH