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Lesson Overview

Today, we're going to learn about one of the most famous people in the Old Testament. His name is Moses. Moses had a crazy life with a lot of ups and downs. He started off as a prince in a palace. Then, in anger, he made a terrible choice and killed someone and had to run away and hide. Years later, God asked him to lead the Israelites out of slavery in Egypt to a special place called the Promised Land. Moses and the people dealt with all kinds of trouble and wandered for 40 years in the desert trying to get to the Promised Land. And, to top it all off, Moses didn't even get to live in the Promised Land. So, what can we learn from the story of Moses? Well, Moses could have been a negative person, full of anger because of all his struggles in life. But, instead, Moses chose to be positive. In fact, his last words before he died were words of blessings. He told the Israelites that they were God's special people and that God would take care of them no matter what. We should choose to be positive people, too.

Big Idea

We get to choose to be positive or negative.

Key Question

What does it mean to be positive?

Memory Verse

Ephesians 4:29 | "Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them."

Classroom Agenda

- 1. (5 min) PLAY: Let kids start working on Activity Page #1.
- 2. (5 min) WARM UP: Share the nicest thing someone has ever said about you. How did that make you feel? (Tip:We all love it when nice things are said about us. It makes us feel good. We should say nice things to others.)
- 3. (5 min) PREVIEW: Write out the Big Idea, Memory Verse, and Key Question on a whiteboard. Have the kids copy it down on Activity Page #1 (if applicable).
- 4. (20 min) LARGE GROUP: Gather for songs and videos with other kids. Then return to class to finish this guide.
- 5. (2 min) RECAP: Read the Lesson Overview (see above).
- 6. (3 min) KQ: Answer the Key Question. (Answer: To be positive means you focus on the good, not the bad. (We get to choose how we see life. If we're negative, we'll focus on the stuff we don't like or the things that don't seem fair. This just makes us sad and angry people. But, being positive means we see the good in every situation. We focus on something good and don't waste our energy on focusing on what's bad. Positive people are happier and nicer people to be around)
 - **Bonus Questions:** What does it mean to be positive? Why do positive people make better friends? **4-5th:** How do you feel being around negative people? How can you become more positive in your life?
- 7. (5 min) EXPLORE: Read Matthew 7:12. Why is this verse famous? What does the Golden Rule tell us to do? (Answer: This verse is where we get the Golden Rule. We should treat others the way we want to be treated. That means we should be the kind of friend we want others to be to us. We should be kind and positive, not mean and negative.)
- 8. (10 min) PLAY: Choose a group activity from Activity Page #2.
- 9. (5 min) CLOSE: Share prayer requests and pray as a class. Encourage kids to use the Family Guide at home with their parents and remind them to go online to pursueGOD.org/kids to find this week's lesson video.

Teacher instructions: Choose an activity for your classroom.

OPTION 1: BE POSITIVE LIGHTBULB CRAFT

Instructions:

- Give each kid a half sheet of construction paper.
- Give each kid a Lightbulb template (page 5).
- Have them cut out each item.
- Have them color the smiling lightbulb.
- Then, have them glue the lightbulb to the top of the paper and the positive phrases and verse below the bulb.
- As they work, read through each positive statement and encourage them to put them into practice in their own life.

Supplies needed:

Half sheets of construction paper (1 per kid), Lightbulb template (pg. 5, 1 set per kid), Scissors, Crayons, Glue

Bonus Activity: "Find the Book"

Have the class get into pairs. Give each pair a Bible. Have them race to find the book. First to find has to say if it's in the OT or NT.

Books: Exodus, Acts, Hebrews

OPTION 2:MOSES: GET EM IN THE RIGHT ORDER GAME

Instructions:

- Before class, have the Moses template (page 6) cut up and put in a bowl or basket.
- Have kids take turns coming up and pulling a piece of paper out of the bowl and then tape each one up on the whiteboard.
- Once all the pieces are up on the board, work as a class to put them in the correct order of how they happened in Moses' life.
- The correct order is:
 - 1. Baby in a basket
 - 2. Lived in a palace
 - 3. Killed a man
 - 4. Ran away
 - 5. God chooses him to lead Israel
 - 6. Blesses the people

Supplies needed:

Moses template (pg. 6, pre cut, 1 set per class), Tape

Bonus Activity: "Bible Hangman"

Words or phrases: Moses, Be positive, Jesus

Instructions: Solve the puzzle and color the picture.



Big Idea

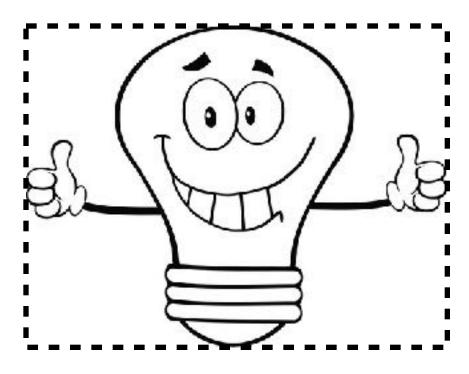
Key Question

Memory Verse

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everything you say be	
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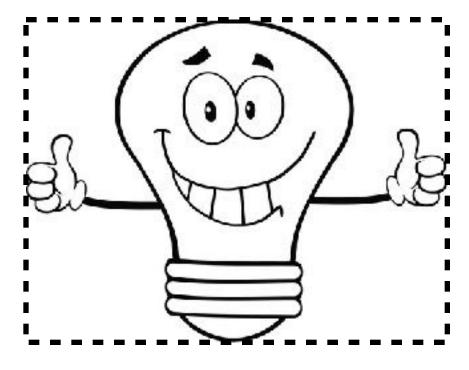


Give a friend a compliment

Tell your parents "Thank You"

Share a treat with your sibling

■ Ephesians 4:29 "Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them."



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BABY IN A BASKET	LIVED IN A PALACE
KILLED A MAN	RAN AWAY
GOD CHOOSES HIM TO LEAD ISRAEL	BLESSES THE PEOPLE